



**4716 Alliance Blvd. Pavilion II, Suite 270
Plano, Texas 75093
214-577-1777**

Ultherapy®

What is Ultherapy?

Ultherapy is the only non-invasive procedure FDA-approved to lift and tighten skin on the face, neck and décolleté. The ultrasound procedure stimulates the production of new collagen and elastin deep within the skin. Ultherapy non-surgically lifts and tightens skin tissue with no downtime.

How does it work?

As we age, the collagen in our skin weakens and elastin starts to break down, causing the skin to become more lax. Ultherapy uses focused ultrasound energy that is delivered non-invasively and heats deep tissue without affecting the surface of the skin. This causes a natural, regeneration response. Unlike other types of ultrasound, there will be a sensation of heat.

Is everyone a candidate?

Unfortunately, no. Patients with severe or cystic acne should not have Ultherapy. Patients with mechanical implants, implanted electrical devices or metal stents in the face or neck are not recommended for treatment.

How is Ultherapy different from Lasers?

Lasers typically involve improving superficial layers of the skin (fine lines, wrinkles, pigment changes) working from the outside-in. Ultherapy works from the inside-out to lift and tighten skin non-invasively, addressing the deep skin layer and the foundational layer addressed in plastic surgery that lend support to the skin. With ultrasound, we bypass the upper layers of the skin and deliver the right amount of energy at the right depths to contract and then ultimately lift the soft tissue.

What happens during the treatment?

Focused ultrasound energy is delivered to the dermal layer and to the deep foundation of the skin. The heat this creates triggers the body's natural response mechanism, which is to rejuvenate tired collagen and supplement it with fresh, new collagen.

Will it be uncomfortable?

Comfort thresholds vary from person to person. There may be a slight discomfort while the energy is being delivered, but it is brief, temporary and a signal that the collagen building process has been initiated. There are many comfort measures available to help make your experience as pleasant as possible.

What is the downtime?

You may actually return to normal activities immediately. Any flushing or redness should resolve within a few hours.

When will I see results?

Upon treatment, the regenerative process is initiated, but the full effect will build gradually over the course of two to three months with continued improvements up to 6 months and beyond post treatment.

How many treatments will I need?

Each patient is different and individualized. Typically only one treatment is needed but depending on skin laxity, volume, skin quality, age, health and lifestyle, some patients may benefit from more than one treatment.



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Ultherapy® Consent

_____ I have been candid in revealing any condition or procedure that could prohibit this treatment such as cold sores, pregnancy, use of hormones, recent facial surgery or laser resurfacing, recent injection of Botox/Dysport or facial fillers.

_____ I understand that there are no guaranteed results from this treatment. Many variables exist such as age, sun damage, on-going sun exposure, smoking, excessive alcohol intake, climate, diet and water intake, skin thickness and sensitivity.

_____ I understand that there can be discomfort during the treatment when the ultrasound is being delivered. I've discussed with my practitioner the options available to me to optimize my comfort during the procedure.

_____ I understand immediately following Ultherapy®, the skin may appear red for a few hours. It is not uncommon to experience slight swelling for a few days following the procedure or tingling/tenderness to the touch for days to weeks following the procedure, but these are mild and temporary in nature.

_____ I understand occasional temporary effects may include bruising or welts, which resolve in hours to days, or numbness in a select area, which resolves in days to weeks.

_____ I understand as with any medical procedure, there are possible risks associated with the treatment. There is a remote risk of a burn that may or may not lead to scarring (either of which will respond to medical care), or temporary nerve inflammation, which will resolve in a matter of days to weeks. Temporary local muscle weakness may result after treatment due to inflammation of a motor nerve. Temporary numbness may result after treatment due to inflammation of a sensory nerve.

_____ I understand that results will vary among individuals. Although I may see a change, I may require an additional treatment to obtain my desired outcome.

_____ I understand the Ultherapy procedure and the side effects have been explained to me including alternative methods, as have the advantages and disadvantages.

_____ I understand and have been advised that though good results are expected, the possibility and nature of complications cannot be accurately anticipated and that, therefore, there can be no guarantee as expressed or implied either as to the success or other result of the treatment. I am aware that an Ultherapy treatment is not permanent as natural degradation will occur over time.

I acknowledge that I have read and understand the information and instructions of Ultherapy. I feel I have been adequately informed of the risks of Ultherapy as well as alternate methods of treatment. All of my questions have been addressed and answered to my satisfaction. I agree to the terms of this agreement. With this in mind, I hereby consent to an Ultherapy treatment, performed by Medical Aesthetics of North Dallas.

Signature of Patient

Date: _____

Signature of Patients Parent/Legal Guardian, if Patient is Under 18

Date: _____

Medical Aesthetics of North Dallas Rep

Date: _____