



**4716 Alliance Blvd. Pavilion II, Suite 270
Plano, Texas 75093
214-577-1777**

Auspect[®] Chemical Peel

What is a chemical peel?

Chemical peel uses a chemical solution to smooth the texture of your skin by removing the damaged outer layers. Although chemical peels are used mostly on the face, they can also be used to improve the skin on your neck, décolleté and hands. A chemical peel is one of the least invasive ways to improve the appearance of your skin. Sun exposure, acne, or just getting older can leave your skin tone uneven, wrinkled, spotted or scarred.

How does a chemical peel work?

Chemical solutions are carefully applied to your skin to improve the texture by removing damaged outer layers. A light chemical peel is the right choice if you have uneven pigment, dryness, acne or fine wrinkling. This kind of peel removes just the outer layer of skin (epidermis) in a light exfoliation and results in a healthier glow. You can repeat these treatments once a month to achieve your desired results.

What will a chemical peel help improve?

A chemical peel can improve the following: acne or acne scars, age spots, fine lines and wrinkles, irregular skin pigmentation, rough skin and scaly patches, scars and sun-damaged skin.

What will a chemical peel not improve?

A chemical peel is not used to treat deep facial lines, tighten loose or sagging skin, remove broken capillaries, change pore size or remove deep scars.

How do I know if I am a candidate for a chemical peel?

Everyone can benefit from a chemical peel unless you are pregnant or breastfeeding, have an allergy to aspirin, use of certain hormones, recent facial surgery or laser resurfacing, a history of keloids, recent use of any retinol/retinoid products or have used Accutane in the last 12 months. If you have a history of cold sores you may want to use preventative medication as chemical peels can trigger an outbreak.

How many treatments will I need?

The number of treatments required will vary from patient to patient and your provider will personalize a treatment plan based on the level of improvement you desire. Although one treatment is beneficial, a series of treatments is usually recommended. Multiple treatments (3-6) may be necessary over 2-4 week intervals. For acne, 1-2 week intervals are recommended. After initial treatment series, periodic maintenance may be advised (depending upon condition/s treated). Your provider may also combine your treatment with other popular aesthetic procedures to further personalize your treatment.

Are there any risks involved with a chemical peel?

You should understand that all chemical peels carry some risks and uncertainties. A chemical peel is usually a very safe procedure when performed by a qualified and experienced medical aesthetician. It happens infrequently, but you could develop an infection or scarring from chemical peels. For people with certain skin types, there is a risk of developing a temporary or permanent color change in the skin either lightening or darkening. The use of hormone medications or a family history of brownish discoloration on the face may increase the possibility of developing abnormal pigmentation. Inform your physician if you have a history of keloids (scar tissue overgrowth) or any unusual scarring tendencies.

What should I do to prepare for this treatment?

Within 2 weeks prior to your treatment discontinue the following: direct sun exposure, the use of a tanning bed, waxing, depilatory use, electrolysis, laser hair removal, antibiotics and any retinol/retinoid products.

What should I expect after my treatment?

You are likely to experience some mild redness, stinging, skin flaking or mild irritation from a light chemical peel. Most patients leave with pink cheeks and might have some light flaking over the next couple days.

Things to Remember

Pre-Chemical Peel Instructions (2 weeks prior)

- Avoid direct sun exposure
- Tanning beds
- Waxing, Depilatories, Electrolysis and Laser Hair Removal
- Antibiotics
- Retinol/Retinoid products

Post-Chemical Peel Care Instructions

- Avoid direct sun exposure for 7-14 days
- Avoid waxing and hair removal for 14 days
- Avoid any facial treatments for at least 14 days
- Avoid getting overheated (strenuous exercise) for 24 hours
- DO NOT PICK AT SKIN
- Do not use exfoliating products for at least 72 hours
- Increase water intake to include at least 8 glasses
- Physical sun block is mandatory and reapplied regularly
- Do not use wash cloths, or any other type of cloth on skin
- Apply cleanser to clean hands foam for application

PRECAUTIONS

If the treated area becomes tender, red, swollen or itchy please contact our office immediately as this may represent an infection or allergic reaction that may require treatment.



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Auspect® Chemical Peel Informed Consent

_____ I have been candid in revealing any condition that could prohibit this treatment such as cold sores, pregnancy, use of hormones, recent facial surgery or laser resurfacing, recent use of retinol/retinal products or use of Accutane within the last twelve months.

_____ I understand that there are no guaranteed results from this treatment. Many variables exist such as age, sun damage, on-going sun exposure, smoking, excessive alcohol intake, climate, diet and water intake, skin thickness and sensitivity.

_____ I understand that I may or may not peel and that each case is individual.

_____ Regardless of precautions taken, I acknowledge the possibility of an adverse reaction to the peel and accept sole responsibility for any medical care that may become necessary. I will immediately contact Medical Aesthetics of North Dallas of any adverse reactions.

_____ I will not scratch, pick, pull at or abrade the treated skin.

_____ I understand that direct sun exposure and use of a tanning booth is prohibited during this treatment time, and that a minimum of SPF 15 sun protection is required daily.

_____ I understand that to achieve maximum results the recommended home care routine must be followed. I understand that if I alter the routine or use products not recommended by the skin care professional the results could be altered or inhibitive.

_____ I understand that it may take several treatments to obtain the desired results.

_____ I understand that the following side effects or complications can occur:

- Discomfort
- Redness or Swelling
- Hypopigmentation / Hyperpigmentation
- Itching or Irritation
- Skin Peeling or Flaking
- Infection
- Scarring
- Acne Breakouts

I acknowledge that I have read and understand the information and instructions of a Chemical Peel. I feel I have been adequately informed of the risks of a Chemical Peel as well as alternate methods of treatment. All of my questions have been addressed and answered to my satisfaction. I agree to the terms of this agreement. With this in mind, I hereby consent to a Chemical Peel treatment, performed by Medical Aesthetics of North Dallas.

Signature of Patient

Date: _____

Signature of Patients Parent/Legal Guardian, if Patient is Under 18

Date: _____

Medical Aesthetics of North Dallas Rep

Date: _____