



**4716 Alliance Blvd. Pavilion II, Suite 270
Plano, Texas 75093
214-577-1777**

SkinPen® Collagen Induction Therapy

What is SkinPen?

SkinPen, also known as collagen induction therapy or micro-needling, stimulates your skin's natural ability to repair itself and produce new collagen and elastin for healthier, younger looking skin. SkinPen is extremely versatile and can be used on all parts of the body: face, neck, décolleté, arms, legs, abdomen and back.

How does it work?

SkinPen creates microscopic channels which allow for controlled induction of the skin's self-repair mechanism. This in turn triggers new collagen and elastin fibers to form creating a result of smoother, firmer and younger looking skin. SkinPen can reverse years of sun damage, improve acne & surgical scars, reduce pore size and enhance the overall appearance of aging skin.

Am I a candidate?

Yes! SkinPen can be performed on all skin types.

Who is NOT a candidate?

SkinPen treatments are contraindicated for patients with: keloid scars, scleroderma, collagen vascular diseases or cardiac abnormalities, a hemorrhagic disorder or hemostatic dysfunction, active bacterial or fungal infection. SkinPen treatments have not been evaluated in the following patients, as such, precautions should be taken when determining whether to treat: scars and stretch marks less than one year old; women who are pregnant or nursing; keloid scars; patients with history of eczema, psoriasis and other chronic conditions; patients with history of actinic (solar) keratosis; patients with history of herpes simplex infections; diabetics or patients with wound-healing deficiencies; patients on immunosuppressive therapy; and skin with presence of raised moles or warts or targeted area.

What is the downtime?

After the procedure, the skin will be red and flushed in appearance in a similar way to moderate sunburn. You may also experience skin tightness and mild sensitivity to touch on the area being treated. Total healing time depends on the severity of the damaged skin and the depth of the repair process required. On average, patients are pink for two to four days. Some patients heal completely in 24 hours.

When will I see results?

Most people notice healthier looking skin immediately. The natural repair process of the skin continues to progress over the course of several weeks. Dermal collagen remodeling takes place over time and it will continue to improve for up to 6 months after treatment.

How many treatments will I need?

The number of treatments required will vary from patient to patient and your provider will personalize a treatment plan based on the level of improvement you desire. Although one treatment is beneficial, a series of treatments is usually recommended. Multiple treatments (3-6) may be necessary over 4-8 week intervals. After your initial treatment series, periodic maintenance may be advised (depending upon condition/s treated). Your provider may also combine your treatment with other popular aesthetic procedures to further personalize your treatment.

What should I do to prepare for this treatment?

Within 2 weeks prior to your treatment discontinue the following: waxing, depilatory use, electrolysis, laser hair removal

What should I expect after my treatment?

You are likely to experience some mild to moderate redness, stinging, skin flaking or mild irritation. Most patients leave looking like they have a sunburn. This will dissipate throughout the day. Most patients will have some light to mild flaking over the next couple days.

Things to Remember

Pre-SkinPen Instructions (2 weeks prior)

- Avoid direct sun exposure causing a sunburn
- Waxing, Depilatories, Electrolysis and Laser Hair Removal
- Neurotoxins and/or Facial Fillers
- Facial Surgery
- Laser Skin Resurfacing

Post-SkinPen Care Instructions

- Avoid skincare products (unless recommended by aesthetician) for the first 4 hours
- Avoid sunscreen for the first 4 hours after treatment
- Avoid direct sun exposure for 7-14 days
- Avoid waxing and hair removal for 14 days
- Avoid any facial laser or non-laser treatments for at least 14 days
- Avoid getting overheated (strenuous exercise) for 24 hours
- DO NOT PICK AT SKIN
- Do not use exfoliating products for at least 72 hours
- Increase water intake to include at least 8 glasses
- Physical sun block is mandatory and reapplied regularly
- Do not use wash cloths, or any other type of cloth on skin
- Apply cleanser to clean hands and foam for application

PRECAUTIONS

If the treated area becomes tender, red, swollen or itchy please contact our office immediately as this may represent an infection or allergic reaction that may require treatment.



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SkinPen® Collagen Induction Therapy Consent

_____ I have been candid in revealing any condition or procedure that could prohibit this treatment such as cold sores, pregnancy, use of hormones, recent facial surgery or laser resurfacing, recent injection of Botox/Dysport or facial fillers, recent use of retinol/retinal products or use of Accutane within the last twelve months.

_____ I understand that there are no guaranteed results from this treatment. Many variables exist such as age, sun damage, on-going sun exposure, smoking, excessive alcohol intake, climate, diet and water intake, skin thickness and sensitivity.

_____ Regardless of precautions taken, I acknowledge the possibility of an adverse reaction to the SkinPen and accept sole responsibility for any medical care that may become necessary. I will immediately contact Medical Aesthetics of North Dallas of any adverse reactions.

_____ I will not scratch, pick, pull at or abrade the treated skin.

_____ I understand that a minimum of SPF 15 sun protection is required daily.

_____ I understand that to achieve maximum results the recommended home care routine must be followed. I understand that if I alter the routine or use products not recommended by the skin care professional the results could be altered or inhibitive.

_____ I understand that results will vary among individuals. I understand that although I may see a change after my first treatment, I may require a series of sessions to obtain my desired outcome.

_____ I understand the SkinPen procedure and the side effects have been explained to me including alternative methods, as have the advantages and disadvantages.

_____ I understand and have been advised that though good results are expected, the possibility and nature of complications cannot be accurately anticipated and that, therefore, there can be no guarantee as expressed or implied either as to the success or other result of the treatment. I am aware that a microneedling treatment is not permanent as natural degradation will occur over time.

I acknowledge that I have read and understand the information and instructions of SkinPen. I feel I have been adequately informed of the risks of SkinPen as well as alternate methods of treatment. All of my questions have been addressed and answered to my satisfaction. I agree to the terms of this agreement. With this in mind, I hereby consent to a SkinPen treatment, performed by Medical Aesthetics of North Dallas.

Signature of Patient

Date: _____

Signature of Patients Parent/Legal Guardian, if Patient is Under 18

Date: _____

Medical Aesthetics of North Dallas Rep

Date: _____